

11 APRIL | BRISBANE

# 2025 AUSCYCLING ESPORTS NATIONAL CHAMPIONSHIPS

QUEENSLAND UNIVERSITY  
OF TECHNOLOGY, CUBE

## TECHNICAL GUIDE



brisbane

Queensland



# 2025 AusCycling Esport National Championships

AusCycling & MyWhoosh will be bringing the Open, Junior and Master Esport National Championships in 2025.

The Championships will be one all out final, with riders competing both online, and in venue at the Cube to battle it out for the green and gold jersey.

## ***National Championships – Open***

The Esport National Championships will be conducted both online and in real life at the Queensland University of Technology (QUT) at the Cube.

Riders who achieved a top 3 in the 2024 AusCycling Esport National Championships will automatically receive an invite to attend the 2025 Championships at the host location, with other riders also receiving invites based on recent results. Up to 6 women and 6 men racing live in venue.

## ***Championship Format***

### **Event Details**

- **Dates:** Friday 11 April 2025
- **Time:** from 5:30pm
- **Location:** [Queensland University of Technology, Cube, Brisbane](#) (+ online attendance in MyWhoosh permitted)
- **Categories:** Elite and all Masters Men and Women, JM19, JW19
- **Course:** Men and Women's - [Wollongong City](#) (1 lap) 20km
  - **Prime Sprints:** 5.4km & 14km
  - **KOM/QOM:** 19.7km
  - Prize packs will be awarded to fastest through each Sprint segment, and KOM/QOM. No time bonuses or points will be awarded.
  - Note: Winner of the race will be first across the finish line.

# Australian Championships

20km 255m



- **Course Reconnaissance:** The course will be available to ride 6:30am and 7:00pm daily on MyWhoosh.
- **Participants:** All participants will be required to enter a team's link provided. With the top 3 place getters to be interviewed post-race.

## Entries

Entry will be available via EntryBoss - [2025 AusCycling Esports National Championships -Open \(Men and Women\) - EntryBoss](#)

Entry is FREE, however you MUST enter via [EntryBoss](#). Please ensure your email address is correct as your entry details will be used to provide the private event link prior to the event.

Late entries will **NOT** be accepted.

## Prizes

Winners of the Open National Championship will receive a National Champion jersey (both in real life and in-game) and medal.

## Rules and Regulations

All events will be conducted in accordance with [UCI](#) and [AusCycling General and ESport Technical Regulations](#).

## Participation Requirements

- **Membership Requirements:** A current AusCycling 'Race – All Discipline' or 'Off-Road'. A 2025 UCI Licence (mandatory for international riders)
- **Nationality Requirements:** All participants must be Australian Citizens.
- **Age Requirements:** All participants must be J19 or above.

## Equipment and verification

### MyWhoosh Power Passport Test:

- Riders **MUST** complete a MyWhoosh Power Passport Test (PPT) and pre-verification form to become eligible to race in the 2025 AusCycling Esport National Championships before Sunday 6<sup>th</sup> April.
- The power passport results are used for verification.
- Accepted protocols for the Power Passport Test are outlined in the MyWhoosh Rules and Regulations.

### Pre-verification:

- The pre-verification form includes the following:
  - **All riders** are required to submit a weigh-in video: This must be submitted 90 to 45 minutes before the event.
    - The video **MUST** contain:
      - Footage of yourself stating your name and team/club (this can be done by yourself in a mirror, or by another person).
      - Provide confirmation of date (footage of a newspaper, another phone or tablet that displays the time and date, basically anything that can't be disputed).
      - Weighing yourself on a set of scales with resultant weight clearly shown.
      - NOTE: Please try to keep the video as short as possible to reduce the file size for email. So, make sure you have everything ready to go before you start filming.
    - Email the video file to [Carlee.taylor@auscycling.org.au](mailto:Carlee.taylor@auscycling.org.au) (we will reply to let you know it has been received).
  - Height Video: Required with PPT submission.
- Equipment Video: Required with PPT submission and mandatory.
- Other details like Strava link, primary and secondary power source data are required.
- All videos must be unlisted and submitted as links.
- More details on the verification process can be found in the ruleset: [MyWhoosh Cycling Esports Rules and Regulations](#).

### Approved Equipment:

All equipment must be well-maintained and using the latest version of firmware. All smart trainers (if required) and power meters must be calibrated within 30 minutes of the race start.

Only the following Smart Trainer/bikes will be approved for the 2025 AusCycling Esport National Championships:

- **Wahoo:** V5, V6, Move, Kickr Bike V1 and V2, Kickr Shift, Kickr Core
- **Tacx:** Neo, Neo 2T, Neo 3M, Neo Bike, Neo Bike Plus.
- **Elite** Justo, Justo 2 and Avanti
- **Wattbike** Atom
- **Jet Black** Victory

### In-game:

Bikes will be neutralised, weight and height will be locked by MyWhoosh. There are no power ups or in game advantages.

## Connections:

Your equipment must connect with Bluetooth the MyWhoosh application. You must connect an approved primary, secondary power meter and heart rate device to be eligible to race in the 2025 AusCycling Esport National Championship.

- **Primary - Power/Controllable/Cadence:** Smart trainer/bike (Bluetooth/Wifi/Direct connect):
  - All riders must ride on a Bluetooth, direct-drive smart trainer or smart bike.
  - Smart Trainers/Bikes that do not record cadence are not eligible for the event.
  - Connection for Primary data is made on the Connect Devices Page.
- **Heart Rate** – Heart rate monitor (Bluetooth):
  - All riders must ride with an approved chest heart rate strap connected to the MyWhoosh application.
  - Optical watch or armband-type heart rate monitors are **not** eligible for the race.
  - Connection for Heart Rate is made on the Connect Devices Page.
- **Secondary** – Crank, pedal-based power meter (Bluetooth):
  - Your secondary data source must record power and cadence data. This device must be connected to MyWhoosh directly in the SETTINGS menu.
  - This data is used for performance verification purposes only.
  - The MyWhoosh application will not allow a rider to simultaneously use the primary power source for secondary power data capture as well. Different power-recording devices must be connected as primary and secondary devices.

Note – All Secondary devices must be set at factory slope and calibration. Any scaling via apps or secondary software will result in ANL.

## ***National Championships – Junior and Masters***

For the first time, AusCycling and MyWhoosh will also host a Junior and Master Esport National Championships, with the event being raced online only.

Participants in the Championships are required to have completed a MyWhoosh Power Passport test.

## ***Championship Format***

### Event Details

- **Dates:** Thursday 10 April
- **Time:** 7.00pm (AEST)
- **Location:** Online on MyWhoosh
- **Categories:** JW19, JM19, All Master Men and Women categories.
  - **All Masters Women and All Masters Men will start together, with a virtual Australian National Jersey being awarded to each Master category (5yr age category) in MyWhoosh.**
- **Course:** [Wollongong City](#) (1 lap) 20km
  - **Prime Sprints:** 5.4km & 14km
  - **KOM/QOM:** 19.7km
  - No time bonuses or points will be given at Prime Sprint and KOM/QOM points. I.e. first across the finish line will be deemed the winner.

# Australian Championships

📏 20km 🏔️ 255m



## Entries

Entry will be available via EntryBoss - [2025 AusCycling Esports National Championships - Juniors and Masters \(Men and Women\) - EntryBoss](#)

Entry is FREE, however you MUST enter via [EntryBoss](#). Please ensure your email address is correct as your entry details will be used to provide the private event link prior to racing.

Late entries will NOT be accepted.

## Prizes

Winners of the National Championship will receive a National Champion jersey in-game.

## Rules and Regulations

All events will be conducted in accordance with [UCI](#) and [AusCycling General and Esport Technical Regulations](#).

## Participation Requirements

- Membership Requirements: A current AusCycling 'Race – All Discipline' or 'Off-Road'. A 2025 UCI Licence (mandatory for international riders)
- Nationality Requirements: All participants must be Australian Citizens.
- Age Requirements: All participants must be J19 or above.

## Equipment and verification

The same ruleset as the 2025 Open AusCycling Esport National Championships applies.



# Here for you Here for good

We believe assisting young women and men to achieve their best as both athletes and people makes us a better company. That's why we are the naming sponsor of the Australian Cycling Team.

At ARA, our focus is on more than just delivering essential building and infrastructure services. We're always thinking about how we can create value for our customers, support our community and enrich the lives of Australians.

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1300 233 305  
[aragroup.com.au](http://aragroup.com.au)

## Contact Information

RACE MANAGEMENT Carlee Taylor  
AusCycling [carlee.taylor@auscycling.org.au](mailto:carlee.taylor@auscycling.org.au)  
MyWhoosh [matt.smithson@mywhoosh.com](mailto:matt.smithson@mywhoosh.com)

## SOCIAL MEDIA

Official Hashtag #EsportsNats25  
Website [www.auscycling.org.au](http://www.auscycling.org.au)  
Facebook @AusCyclingRoadEsports  
X/Twitter @AusCycling  
Instagram @auscyclingaus  
TikTok @auscycling  
YouTube @AusCycling | @mywhoosh

## Anti-Doping

Anti-Doping Testing may be conducted at any round of the event. Sport Integrity Australia may come to your location if they are testing.

## Therapeutic Use Exemption (TUE)

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via [www.globaldro.com/AU/search](http://www.globaldro.com/AU/search)

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

## Sport Integrity Australia App

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind.

The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.